**Universal Laws**

Understanding and applying all of the universal laws together, recognizing and getting a brief understanding of the full circle of universal laws will make working with the law of attraction much easier. Learning to use all 12 universal laws will give you the power to create everything you desire, every dream, and every wish you possessed into a great reality.

Your manifestation will become much faster, much stronger, and much bigger than ever before. What are those magical laws of the universe and how do they actually work?

These laws are based in metaphysical, philosophical and Quantum physics Principles, functioning since the beginning of time, but understood only by mystics and sages before, these laws are now being proven by science, and mankind is awakening to its awareness as creators to make the thought and thought emotion, understanding that these laws work along gravity, time and space, to create every moment of our existence. Everything in the Universe, when broken down to the smallest particles, is made of energy, including us. Everything is a sea of electrons vibrating in circular patterns at different frequencies. Since energy moves in circular patterns, it is easy to understand that what we send out vibrationally is what will come back to us at a certain point in time; it might be immediate or delayed, depending on the focus and intensity you put into thoughts. Especially how much emotion and verbal or behavioral action you attract to the side as well, when you attract emotions to the thoughts you have, you are multiplying the energy sent to the Universe and therefore, you will bring that what you focus on into the physical much faster. You are responsible for your life, you have a free will that lets you choose your focus, on positive or negative thoughts and more importantly, you have emotional guidance systems that let you know what you are thinking and therefore vibrating. Every time you feel joy, pleasure, desire, enthusiasm or passion, your emotions let you know what you are aligned with your desires and are attracting alike things into your physical experience. In the same fashion whenever you are feeling despair, depression, anger or lack, your emotions are telling you that you are misaligned Vibrationally with the things you want and going in on the opposite Direction, attracting with this vibration unwanted things. Emotions are your most wonderful and sophisticated tool for guiding and understanding your life moment by moment.

The Laws of the universe provide guidelines for attitudes and behaviors that transform and optimize your physical, mental and spiritual body.

**The 12 Universal Laws**

1. **The Law of Divine Oneness**: There is one word I believe sums up this law nicely, Namaste. In its literal translation – I bow to the Divine in you and knowing that we are all made from the same Divine Oneness. In other words, all things are connected and we are all one, it is a way of acknowledging and recognizing that connection we all share. The Law of Divine Oneness states that all life, all energy come from one source. We are all energy connected throughout ourselves and affecting each other every moment. Everything we do, say, think, feel, and believe, affects us and the collective Consciousness of all mankind as well as the evolution of the Universe. “Learn how to see, Realize that everything connects to everything else.”- Leonardo Da Vinci. This Law teaches us service for a higher good and puts unconditional Love, and contribution to others as the ultimate Self-actualization and fulfillment that can bring true and lasting Happiness. When we fulfill our needs and come in contact with our higher self, we discover our Passions and want to contribute and help others throughout this exact passion of ours regardless of what they are; from teaching Spiritual knowledge to baking, writing, or playing music. The Macro Universe is a living organism that constantly receives and gives energy in Creating a material reality and when we decide to contribute to it positively we find ourselves showered with blessings and support for creating this grander vision of life, synchronicities will flow and the right people and Events will come and help you move ahead with your dreams with whatever brings you joy. Because the purpose of all of this is to experience happiness, to live from your heart and to contribute through your passion. The bigger, non-physical system, bring view opportunities for happiness and self-actualization and you in return help it to become unified, powerful and evolve it with new and improved conditions in the physical plane. That is the essence of the Law of Divine Oneness.
2. **The Law of Vibration**, “Everything is Energy and that is all there is to it. Match the frequency of the reality you want and you cannot help but get that reality, it cannot be other way. This is not philosophy. This is physics.” – Albert Einstein.

Each sound, each thing, every thought and most importantly, every feelings and emotions have unique vibrational frequencies, and they all move, vibrate and travel in circular patterns. Thoughts and feelings have power of attraction, knowing how to be aware of your feelings and focusing on how to raise your vibrational frequency to be aligned with your desires is the most real and crucial thing you can do in order to create the life you want. The same Law states that like frequencies attract like frequencies, therefore, your focus on either positive or negative thoughts or feelings will attract more of the same kind. Each emotion is the same vibration but the opposite frequencies at each spectrum. For example, powerlessness has a very low and dense frequency while personal power is the same vibration, but with a frequency that is high positive, exhilarating and vibrating at the opposite spectrum. If we want to apply this to our world, means that whatever frequency you want to attract into your life, has to be match by a similar thought feeling word and action coming from you in order to materialized your desire energy frequencies into the physical, if your goal is to attract wealth then you need to act as if you have it. Focus on the feelings that this wealth would bring you and feel the joy of it being created in the non-physical and the knowingness that it is coming to you in the physical as well. You don’t need to care about how that will happen and get yourself entangled into the details, your only job is to keep yourself focused on good feelings about that subject and raise your vibration on them if necessary, which probably will be the case since you wouldn’t have resistance on that subject, it will already be in your life. Whatever you want is already created for you and already present in the universe. All you need to do is align it with that vibration, so you can allow it into your life. Finding out what it is that you want? Give your feelings of enthusiasm and joy, and you will receive energy to move in the direction of your dreams. These feelings are the ones you need to take action on, when you act as if what you desire is already in your possession, you align yourself with the vibrational frequency of that which you desire and bring it fast, and this way you start closing the gap between your mental picture and your physical reality and you will attract circumstances, people and creative ideas that will help you achieve your goals. This is what we call the Law of Vibration.

1. **The Law of Action**: This rule states that you must facilitate the other loss with inspirational action; we need to exercise action when we receive guidance from within ourselves. The way to know if your guidance is coming from your mind or from that peaceful inner true self is by reading your feelings and becoming aware of how you feel about what you have to do. If it feels good and you are enthusiastic about it, then; the guidance is coming from Your Higher Self, Unity Consciousness. On the other hand, if the action you need to take feels heavy, confusing, or you feel like procrastinating, then something is not right and you would be better off waiting until you become clearer. This is an evolutionary road, and if you don’t like having a nine-to-five job, all you have to do is start looking for the positive in it, for example, the steady paycheck, the people that you work with, etc., and then put the intention out there to move to the next level and become financially independent. Stay awake and when the idea or opportunity comes, move with it. But don’t create low emotions such as fear, despair, frustration, or lack. You need to train yourself to look at the glass half-full and start sending intentions in the universe that will bring about circumstances which will be changing your life situations. Being in Despair would not help you change your vibration. This is where most of us fail. We might know what we want but we fail to take action because we are either skeptical, or feel unworthy, and not capable of achieving our dreams or are too depressed or exhausted from living in harsh conditions. The creation process always starts in the mind with an idea, affirmations and visualizations do a tremendous job, but without consistent action from your part, your goals will become just dreams regrets for not living life to the fullest. Even if your steps will be off track here and there with each action you become clearer on hearing and following your intuition. Get energized and get closer to your desired outcome, most importantly, have faith and patience in pursuing success. Trust your guidance when making decisions, and now that the power to create it is inside you, then the universe supports you 100%.
2. **The Law of Correspondence**: as above so bellow, your inner reality creates your outer world, what you think, feel, say and do to yourself and believe on the inside brings the circumstances, people and life situations in your outer reality every day even though you might not think it is like that because we have all been trained to believe that everything is outside of us and we have no control over external circumstances. Your career, relationships, finances are all reflections of your inner beliefs and what you consider yourself to be worthy of having in your life. You cannot blame anyone or anything for your life situation but your beliefs and your ego will make up all sorts of stories in order to keep you from facing your true feelings and get to the core all those unhelpful beliefs, so you can know them and change them. There is nothing you need to heal in yourself before you can have a good life. The only thing you have to learn is to change your perception in life. Change your focus because living in a conditioned society with believes and limitations, trains us to forget who we truly are and what great power we possess. We ignore our emotions and desires, and settle for less. We say to ourselves, oh that cannot happen to me, I’m not one of those lucky people, when in reality you can and the power to change it is inside of you and does not depend on anything that is outside of yourself. Others have done it before you and they didn’t have anything more than what you have, but they learned to do the necessary steps in order to achieve what they want. They learned that the most important thing is that you focus on what you want to have in your life and turn your attention away from whatever manifestation happened that was not aligned with what you wanted. Instead of thinking, it’s too hard, it’s impossible, I’m not capable and all that negative self-talk that was programmed by your ego; you need to start focusing on what you want. Start asking yourself, why [not] believe in good things coming to me? No matter what my physical reality shows me, why not focus on the non-physical creations and understanding that everything is vibration and you create through putting your focus on negative or positive expectations. You don’t have anything to lose if you start doing this but instead you will start feeling better right this very moment. Your good feelings in this moment will speed up that manifestation tremendously. You will be able to follow the guidance you need to take, and results will follow. The evidence that you will get, will build your confidence more and more. So, right now, you need to make a commitment to care about feeling joyful or peaceful at least with whatever is in your life at the moment and move up into better emotions, whatever it takes for you to start focusing on the positive of whatever situation you deal with. The main limiting belief mankind suffers from is: I’m powerless. I’m [not] lovable, I’m [not] worthy, and they are all illusions of our fearful self. You are powerful beyond your present understanding, you are giving opportunities to truthfully know your potential, so just become aware of your thoughts and remove those self-imposed barriers.
3. **The Law of Cause and Effect**: What comes around goes around, with every thought, feeling, word, or action, you shape your reality accordingly. You are in charge of the process, and you attract exactly what you believe yourself worthy of receiving. If you are in a bad financial situation, you attracted them with your beliefs about money. Would you think, feel, and therefore vibrate out positive frequencies? Know that you will get them back? Even though we want to blame outside circumstances, that is not the truth, and that makes up powerless as well. So no more blaming of external events and playing the victim mentality. Let’s focus instead on taking responsibility for our lives, for our unwanted unconscious creations that are playing in front of our eyes, instead shift gears towards facing our feelings on the areas that make us unhappy, and focus on what do we want, and create the future we intend. The best way to attract what you want faster is to focus on the feelings you receive when you think of this desire. Spread those feelings around you and surround yourself with whatever builds that vibration. Whatever is that you want in your life, send it out and give it to others. This is how you attract more of it, you want love and understanding, give it to others and remember the most cherished gifts are those coming from the heart. A smile, a hug, a flower, a kind advice, and most importantly, the gift of Love.
4. **The Law of Compensation**: This Law is the reaction of the universe when we apply the previous Law, the Law of Cause and Effect; it brings us back what we are sending out through our vibrational frequencies. We receive Blessings and Abundance that can take any form, from money gifts, Friendships, Love, Creativity, to Fear, Envy, Lack, Jealousy or Victim Mentality, depending on what we send out. Success means not only money or monetary rewards, but Abundance in all forms coming towards us as a response to our deeds. All things come to you mirroring your inner world, showing you the thoughts you think, the feelings you have and whatever form of energy you send out into the universe. So that you can become aware of it and change it if needed. You need to be grateful for your negative feelings because they are the most amazingly, accurate tool that shows you exactly what you vibrate, even though when you resist feeling them, experiencing them, it feels horrible. Once you understand their usefulness and approach them with compassion and Love for yourself instead of blame and guilt, they will start softening up and will be released from your emotional body, all that energy will be freed up, so you can use it in your advantage instead of it being repressed and stagnant in you attracting circumstances that you don’t want. The Universe brings back a light Compensation and that means we are free to send out what we want in order to receive more of it.
5. **The Law of Attraction**: The most famous of the twelve Universal Laws, the Law states that all matter, our feelings, words, and actions are energies that in turn attract same energies. Everything in the Universe is energy and energies attract similar energies. When you put a thought such as this person in mean, you will attract exactly that mean attitude from that person or someone else. You may even attract some sort of event that will confirm to you that the Universe is hostile and you are a victim. Whatever beliefs you hold right now is what attracts your present life circumstances, when we choose to believe the world to be a friendly place, where everyone is eager to cooperate and interact with us to help accomplish our goals, we will attract positive and helpful people that would like to work, play and pretty much be around us if we are positive and an inspiration for those that come in contact with us. They will match our vibration as well. You cannot change the world, but you can change your perception about it. If you can accomplish creating a new perception, everything will change because when you vibrate on a positive note, you can attract only energies alike. Feel, talk, and act as you already have what you want, and the first step is to hold firmly in your mind, the story of your ideal life. I can hear you say, but that means I would be lying too myself. How can I say on which when I don’t have money for my rent? You are not lying to yourself, being aware of the lack of something brings more lack of that thing. So you want to learn to always be grateful and look in the direction of improved conditions. You should at least have hope for something good coming to you because you understand these Universal Laws, you understand that your belief creates your reality and you choose to create according to your wishes, not against them. If you want Abundance, Focus and repeat to yourself a story about how rich, happy and Abundant life you are living.
6. **The Law of Perpetual Transmutation of Energy**: All of us within ourselves have the ability to change our life conditions at any given moment. Energy is in constant motion and all energy eventually manifests. This Law also states that you have the power to change your life, higher vibrational Energies consume lower energies. So if don’t like the path you are on change it or more importantly, allow it to be changed. Rather than try to force your will on people or circumstances, rearrange the way you think and choose to Empower yourself. I call this the Law of learning to go with the flow of the Universe. When you resist change or try to assert a false sense of control over the external world, it always leads to struggle. We must learn to embrace change, work with energies and allow circumstances and opportunities to manifest according to Divine Providence. The ego’s need for a false sense of control can block the flow of positive energy. It is

Fear-based thinking and can undermine your progress in all the other areas if don’t recognize it. What you focus on you bring into your life and until you have become the master of your mind, you will attract all sorts of experiences and people, both negative and positives. Keep your focus on positive things, be grateful for what you have and keep moving ahead, disregarding unwanted event that you manifest making the best out of every moment. You also must know that if one moment you think I Am Successful but then you have another thought that says that is not true, look how miserable I am, nothing is working for me, these two thoughts will cancel each other. You are sending positive energy and then canceling it with negative vibe. That is why you should constantly choose to see the positive in every situation. Fortunately, when you are being negative, you need to send much more energy in order to materialize thoughts, because well-being is the nature of the Universe and your nature as well. Positive thoughts and especially feelings have much more attraction power. Everything in the Universe is working in your advantage, you just need to start noticing this reality you never knew about and disregards the collective hypnosis mankind is under. More and more people are awakening and realize the power that is within them.

1. **The Law of Relativity:** This Law teaches that every soul will face some challenges, it’s what you do with those challenges that defines you and determent what you become. You can fall under the pressure or rise above and allow your trials to strengthen you. Learn to use your life’s challenges as stepping stones, rather than stumbling blocks. Each one of us receives our fair share of problems in life and even though, we label these events as misfortunes, in reality, they represent a strengthening and training for our soul, for the light we each carry within, and need to remember. Looking at our life here on Earth as the totality of our existence makes us fearful, limited and week. We are so scared of the world of diseases, of death, that we lose awareness of the Bright Light we carry within our own being. We forgot our power in our connection to the Higher Consciousness, that we are part of, and that we can totally support us and take the hard work and struggle out of our life experience. Recognize the present situation for what it is. Don’t look at it from your [conditioned] experience here on the planet, but have a bigger picture of the whole Universe and your connection in purpose, in the stands. Choose in this moment to understand that obstacles are opportunities for identifying what you don’t want in your life. Send out desires for the opposite of that, desires which will bring Expansion and Growth. Usually your biggest fear or obstacle has entangled your greatest Power to turn things completely in the direction that you want. Trust your heart and intuition when making decisions and you will be on the right track. Know that regardless of what your current life situation is, now is the moment when you can change it because by becoming aware of whatever you attracted until now, you can identify the underlying emotion or belief that is keeping you back and shift it around. All is relative to the perception you have regarding the situation you are in. There are a million options that can happen to correct the situation you are in, but from fear you will probably see one or two, and those are going to be really negative ones. That is why you need to trust in the Divine Presence inside you that can guide things and create Synchronicities that can shift your situation completely. All you have to do is be at Peace with everything that happens to you and know that it is being taken care of. You should only take actions that feel good, if you take actions from fear, you will attract more struggle and things vibrating on that level. You must always get clearer and relaxed before taking any decision. Be grateful for you uniqueness for all the things that bring you joy and make your life pleasant. Focus on what you want to create without feeling bad that you don’t have it, but instead dream about how you feel if you would have that desire fulfilled now. Your ego is paralyzing you and your actions for change and then, it makes you feel guilty and week for not reaching your full potential. I cannot stress enough how important it is to remove your limiting belief and all these egotistical behaviors we all learned throughout our lives as responses to negative experiences. You need to stop your daily useless mental chatter that [poisoned] you with doubts and insecurities, and start focusing your attention on what you want. This is what will change your life shift, the story from one of weakness and struggle to one of an empowered and infinity creative being. Once you start believing it and taking action towards it, your external world will shift.
2. **The Law of Polarity:** Also called the Law of opposites or the law of mental vibrations, this Universal Law states that every single thing in the Universe has its own opposite and we can transcend negative thoughts by focusing on positive ones and in this way building a higher vibration. Your perception of this present moment, the now is what gives the event reality, and the reality you focus on gets to perpetuate itself. Even though the same moment has infinite waves of unfolding and even if it is bad now, it can turn into something great because now you are aware of what your vibration is on that subject, and now you can change it and attract something that you want. Think of all those moments when a perceived negative event proved to be the best thing that happened to you. Love your life and pursue it full-time. This can start your journey of self-discovery and bring opportunities to use with passion. Sometimes from our limited perspective, we cannot see what serves us, that’s when the Universe steps in and removes us some circumstances we are not aligned. Sometimes if we want our life to change, we have to let go of what is not useful anymore, so we can make space for what truly matters. We are usually resistant to let go of whatever doesn’t served us, we tend to be more persistent in holding on to and focusing all day long on what is going wrong. We focus on our negative emotions even though all we keep asking for is positive ones. Having Peace of mind and Empowerment starts with saying yes! to change. You must accept the present moment as an opportunity for the great success that is coming. When you accumulate knowledge, we gain as a result self-knowledge is gnosis, a state of direct spiritual and experimental knowledge and understanding of the Divine Infinite and the Wholeness of Creation. Reason and rational thinking can only bring us so far, but gnosis can bring us to the level of Enlightened Soul Beings. Only through the present moment, the now, you can transcend a negative outcome by accepting it first, when you accept it you become aware of it and experiencing it while comforting yourself, so that it can transform into a higher one. Do not resist life, what you see in your physical reality, reflects your inner world, if it showed up it means you attracted it with your thoughts, emotions, words, or deeds. Be grateful for what it is showing you and then take action towards a different outcome.
3. **The Law of Rhythm:** All Energy vibrates and moves according to its own rhythm, these rhythms establish cycles and patterns. Think of the seasons all of which form a full year. Each season has its own purpose in function, but is a vital part of the full circle. Learn to harmonize with the higher vibrational energies that you seek to attract. Raise your vibration through the understanding and practice of the other universal law and harmonize with those higher energies. Meditation is a means that many use to connect their energy to their source and as a result they maintain higher frequencies and a sense of connection throughout the day. The Universe is Infinite formless and death is nothing more that transformation and renewal. It is a beginning of a new cycle, not an end. All nature accepts these cyclical changes; we are the only ones scared and resistant to change. We are afraid of the unknown, because we don’t see the connection of everything and cling to what we have even if it doesn’t serve us. There is a time for transformation and autonomy for growth. Learn how to efficiently navigate your periods of change and transformation, and you will be amazed at the potential hidden in these cycles of change, these are the periods that hold diamonds in terms of the shift and quality of life. Trust what life brings to you and accept it, it is here only to teach you a valuable lesson you need to learn, and to bring you into your higher alignment with who you truly are, so you won’t repeat it in the future. The sooner you embrace and accept the changes into your life, the sooner you will transcend the transformational period and see the great opportunity hidden behind it. But you cannot see it until you make Peace with where you are currently, and move into a different Consciousness. Then, your external reality will shift and reflect the inside changes and then solutions will start showing up with this. When something bad happens in our life, we tend to stay with the problem and think the same negative thoughts, what happens in your outside circumstances is not important until you give your response to it. You can choose to continue your path and trust that everything is going to be okay, or you can resist and fight against them only to prolong the negative conditions. Everything has a meaning and a purpose in your world and the sooner you understand and accept that, you will understand there are no coincidences happening, only synchronicities meant to bring you closer to your desires and who you truly are.
4. **The Law of Gender:** Everything has a feminine [yin] and a masculine [yang] principle and the union of these two principles gives birth to everything in Creation, including us. Moreover, all things need a period of gestation and growth before reaching maturity, our task is to balance the masculine and the feminine energies within us in order to achieve self-mastery, and become a co-creator with the Universal Consciousness. Our thoughts are ruled by the same law and therefore, need a period of incubation and growth before we see them taking form in our physical reality. This is crucial for achieving our goals since most of the time we became impatient too soon, and sabotage our results by abandoning our desires right before the opportunity to succeed would have arrived. All of our desires meet our determination, patience and trust in order to manifest. Manifestation is a vibrational alignment with that part of you that already created and became that which you asked for the moment you asked it. If you feel good and believe it, then it can show up into your life sooner.

If you master these Laws then you Master the Universe.

All on the Universe happens trough these Laws

The Light shall set you free

Namaste